

MAR 2018

Sport	Season	Gender	Min Number	Max Number	IM special rules	Location	Usual Times	Team Equipment	Individual Equipment	Transportation	Late Rules	Championship	Length of Contest	Eligibility Info	Overtime	Timeouts
Coed Flag Football	Fall	Coed	5 - 2 men, 3 women or 2 women, 3 men	6 - 3 men, 3 women	Each team has 5 plays to score a touchdown. No first downs.	IM Fields	3:50 and 5:00 Tuesday through Thursday	football	cleats	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 min: 7 points and 15 minutes, 30 min: forfeit	Playoffs: Top 3 teams from each division. One team from each division gets a bye.	2-30 play halves	September 25th: Varsity football	Each team gets an equal number of series from half field	Two 30 second per half
Coed Soccer	Fall	Coed	7 - 2 women; 5 men or 2 men; 5 women	11	Pass-back to goalkeeper allowed.	IM Fields	3:50 and 5:00 Monday and Wednesday	soccer ball	cleats, shin guards (optional)	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 minutes: 1 goal, 15 minutes, and possession of ball with free kick at half field, 30 minutes: forfeit	Playoffs: Top 4 teams from each division qualify.	2-30-minute halves	September 25th: Varsity soccer	2 5 minute sudden death periods	
Mens Cross Country	Fall	Mens		n/a - top 4 runners score points, 2 beyond that push other teams' scores back		IM Fields (check in by the armory)	2 meets. Top 3 teams from each division qualify for the championship meet			Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.		Teams occupying top three spots in the divisions and the top runner from the non-qualifying teams are invited	3 mile race	September 25th: Varsity cross country and varsity track-running events. Runners must race in the first race to race in the championship		
Womens Cross Country	Fall	Womens		n/a - top 4 runners score points, 2 beyond that push other teams' scores back		IM Fields (check in by the armory)	2 meets. Top 3 teams from each division qualify for the championship meet			Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.		Teams occupying top three spots in the divisions and the top runner from the non-qualifying teams are invited	1.5 mile race	September 25th: Varsity cross country and varsity track-running events. Runners must race in the first race to race in the championship.		
Table Tennis	Fall	Coed	4-need at least 1 girl and 1 boy. Need to have at least enough to play 5 matches.	10-5 women and 5 men	Matches are rally scoring, win by 2, to 21.	Room K on the 5th floor of PWG	7:00, 8:00, and 9:00 on Monday through Thursday nights	ping-pong balls, paddles		Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 min: Any matches that can be started must be started from #1 down an in all other matches the team loses the first match and first serve. 30 min: if the team does not have players for other matches, they are lost.	Playoffs: Top 2 teams from each division qualify	Best 2 out of 3 with games to 21. Alternate serving every 5 points. 8 matches: 3 men's & 3 women's singles, 2 mixed doubles	September 30th: Club team		
Coed Volleyball	Fall	Coed	4 - 2 men, 2 women	6 - 4 men, 2 women; 4 women, 2 men.	Rally scoring. You can not set serves nor can serves touch the net. Best out of three games to 21, win by 2. First service is determined by a coin flip.	IM Fields (next to soccer fields)	9:00 and 10:00 Monday through Thursday	volleyball	sunglasses, hat	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	10 min: Forfeit one game; 20 min: Forfeit of match.	Double eliminatin tournament	Best 2 out of 3 sets to 21. Must win by 2 points.	Women: October 1st; Men: November 30th varsity team		Two 15 second per game
Golf	Fall	Coed	4 - 3 men, 1 women	Two teams. Each with at least one woman.	Scramble scoring. Each team must play at least two drives from each player	Yale Golf Course	1 Day in fall		you can rent golf clubs and buy inexpensive golf balls at the golf clubhouse. Often, Residential Heads of Colleges will cover this cost	Bus from PWG on day of meet		Lowest scoring team from each college compared against each qualifying rival using a win-loss record.	9 holes	September 4th: Varsity team		
Pickleball	Fall	Coed	4	5	Players volley until a fault, winner will get the option of serving first. There are three levels, A, B, and C. Players can test out which level is right for them at the beginning of the season, but must have chosen a level by January. Overtime possession determined by a coin flip.	5th floor H or K	8:00, 9:00, and 10:00 Tuesday and Thursday	paddles, pickleball			15 min: single game forfeit, 30 min: match forfeit.	Playoffs: Top 4 from each division qualify	Best 2 out of 3 games to 11, win by two.			
Mens Basketball	Winter	Mens	3	5	Overtime possession determined by coin flip. Rally scoring. You can not set serves nor can serves touch the net. Best out of three games to 21, win by 2. First service is determined by a coin flip.	Lanman Center	8:00, 9:00, and 10:00 Monday through Thursday	basketball			10 min: 9 points & 10 minutes, 20 min: 18 points & 1 half, 25 min: forfeit	Playoffs: Top 6 teams qualify. Two teams get a bye	Two 20 minute halves, running time until last 2 minutes	November 30th: Varsity team	3 minute, running time until last minute	Two 30 sec per half, 1 OT
Womens Basketball	Winter	Womens	3	5	Overtime possession determined by coin flip. Rally scoring. You can not set serves nor can serves touch the net. Best out of three games to 21, win by 2. First service is determined by a coin flip.	Lanman Center	8:00, 9:00, and 10:00 Monday through Thursday	basketball			10 min: 9 points & 10 minutes, 20 min: 18 points & 1 half, 25 min: forfeit	Playoffs: Top 6 teams qualify. Two teams get a bye	Two 20 minute halves, running time until last 2 minutes	November 30th: Varsity team	3 minute, running time until last minute	Two 30 sec per half, 1 OT
Coed volleyball	Winter	Coed	4 - 2 men, 2 women	6 - 4 women, 2 men, or 4 men, 2 women	Rally scoring. You can not set serves nor can serves touch the net. Best out of three games to 21, win by 2. First service is determined by a coin flip.	Lanman Center	8:00, 9:00, and 10:00 Monday through Thursday	volleyball			10 min: 1 game, 20 min: forfeit	Playoffs: Top 8 teams qualify	Best 2 out of 3 sets to 21. Must win by 2 points.	Women: October 1st; Men: November 30th varsity team		Two 20 sec per game
Inner tube Water polo	Winter	Coed	4 - 2 men, 2 women	6 - 4 men, 2 women; 4 women, 2 men.	You can only touch the ball with one hand at a time. You can flip other players out of their tubes when one of you has the ball. You cannot play when you are out of your tube.	PWG 3rd Floor Pool	8:30 and 9:30 Monday through Thursday	swimsuit			10 min: 1 goal, 10 minutes, 20 min: 20 minutes, 2 goals, 30 min: forfeit	Playoffs: Top 2 teams from each division qualify	Two 15 minute halves, running clock until last 2 minutes of a half		One 5 minute sudden victory period. Tie if no winner.	One per period
Swimming	Winter	Coed	None. However, can fill all slots with 4 boys and 4 girls	Unlimited: each person may race in a max of 4 events.	Each team can enter 2 swimmers per race and 1 relay team. Events: 200MMR, 100 Free, 100 IM, 50 back, 50 Free, 50 Breast, 50 Fly, 200 MFR	PWG 3rd Floor Pool	2 meets.		swimsuit, swim cap, goggles			Top 3 teams from each divisional meets qualify for the championship meet. Highest scoring team at the championship meet		December 20th: Varsity swimming and diving		

Bowling	Winter	Coed	4- at least one of each gender	4 (with at least 1 woman for scoring team) + unlimited (for non-scoring team)	Each college gets two lanes, one for 1mg points and one for fun. 2 points per game won and 1 point if total fall over all 3 games exceeds other teams	Bowling Lanes	Friday, bus leaves at 3:15.			The bus to the bowling alley leaves at 3:15pm from outside of PWG. It will return around 6:00pm	After 1st frame: blind score of 100 for men and 75 for women added to total	Season standings	Each bowler bowls 3 games against 3 opponents per week.			
Broom Ball	Winter	Coed	4 - 2 men, 2 women	6 - 4 men, 2 women; 4 women, 2 men.	No high brooms. No checking.	Ingalls Rink	7:30, 8:00, 8:30, 9:00, 9:30, and 10:00 Tuesday and Thursday		Helmet, shin guards and mouth guard (provided by IM department), elbow pads, gloves and sneakers		15 min: Game reduced by 15 minutes, one goal, and possession. 30 min: Forfeit	Playoffs: Top 8 teams qualify	2- 15 minute periods, running time. Normal timing for last minute of second period.		None	
Indoor Soccer	Winter	Coed	3 - at least one of each gender	5 - no more than 3 of each gender	No pass-backs allowed. Mandated kick-ins when ball leaves playing field.	Lanman Center	9:00 and 10:00 Monday, Tuesday, and Thursday	Soccer ball	Non-marking shoes are REQUIRED. You will not be permitted to play without them.		10 min: Game reduced by 10 minutes, one goal, and possession. 20 min: Forfeit.	Playoffs: 10 team playoff, top team in each division gets a bye, last place team from each division eliminated from playoff contention	2- 20 minute halves, running clock until the final 3 minutes of the second half.	March 25th: Varsity hockey	No overtime in regular season. Playoffs: One 5 minute golden goal followed by shoot outs, if no winner is declared in the golden goal.	
Coed Soccer	Spring	Coed	8 - no more than 6 of one gender	11 - no more than 6 of one gender	Goalie may pick up ball kicked by team	IM Fields	4:00 and 5:15 Monday through Thursday	Soccer ball	Cleats, shin guards	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 min: 1 goal, possession, game reduced by 15 minutes. 30 min: forfeit	Playoffs: Top 2 teams from each division qualify	2- 30 minute halves	September 25th: varsity soccer	Regular season: Two 5 minute periods to be played in full. Playoffs: Two ten minute periods; if score remains tied, 5 minutes of golden goal periods until a winner is declared.	
Coed Ultimate Frisbee	Spring	Coed	4 - 2 men, 2 women	7 - at least two of each gender		IM Fields	4:00 and 5:15 Monday through Wednesday			Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	10 min: First 10 minutes of the half are eliminated and one goal. 20 min: First half eliminated and two goals. 30 min: Forfeit.	Playoffs: Top 2 teams from each division qualify	2- 25 minute halves	March 1st: Cub Team	In playoffs: 2 5 minutes periods, followed by 5 minute sudden death periods	One per half, one in OT
Coed Softball	Spring	Coed	7 - need at least 3 of each gender.	10 - need at least three of each gender with a max of 5 for each gender.	No bunts, steals, or leading. Count starts at 1-1. For unlimited batting order: every player must play one inning in the field. Maximum of 6 of either gender in the field at once. No more than 2 boys batting consecutively. Slow-pitch	IM Fields	4:00 and 5:15 Monday through Thursday	bats	glove	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	10 min: First Inning eliminated and three runs. 20 min: First and second Inning eliminated and six runs awarded. 30: Forfeit.	Playoffs: Top 2 teams from each division qualify	7 Innings (non start after 6)	March 1st: Varsity baseball or softball	Extra Innings played until tie is broken or 6pm is reached	
Spikeball	Spring	Coed	2- need at least 1 of each gender. If a team can not be coed, they start down 1 game.	2	When sunlight is a factor, teams should switch sides halfway through the match (11 points). Playing barefoot is not permitted. Closed-toed shoes must be worn while playing. Winner of a match of rock, paper, scissors get to pick side or serve.	On and off campus locations	4:00 and 5:15 Monday through Thursday				15 min: 5 points. 25 min: Forfeit. If 3 games cannot be completed within allotted time, team with the most points is deemed winner.	Playoffs: Top 2 teams from each division qualify	Best 2 out of 3 sets to 21. Must win by 2 points.		TBA	
Golf	Spring	Coed	4-need at least 1 woman to advance to championship round	6	Shotgun format. Lowest 4 scores count (including lowest woman's score). Max score of 69 for man, 75 for woman. Blind scores of 69 for a man and 75 for a woman.	Golf course	2 days in springs		Golf clubs, tees, and balls. Can be rented/bought at clubhouse	Bus from PWG		Playoffs: Top 3 teams from each division qualify	9 holes	March 1st: Varsity	5th golfer's score, then 6th golfer's score, then a playoff	
Badminton	Spring	Coed	4-need at least 1 of each gender	8-need 4 men and 4 women		Lanman Center	8:00, 9:00, and 10:00 Monday and Wednesday	Rackets, birdies			10 min: Matches must begin with available players filling in first men's and women's singles, then mixed doubles, then open singles.	Playoffs: Top 2 teams from each division qualify	Games to 11. If game is tied at 10-10, first player or team that got to 10 can "set" to play to 13 or choose to play straight to 11.	September 25th: Varsity		
Dodgeball	Spring	Coed	4-need at least 2 men and 2 women	8 - no more than 5 of one gender	A team cannot possess all 6 balls for more than 5 seconds. If held for more than 5 seconds, 3 shall be returned to the other team. No head shots. Ball can be used to block as long as blocking ball is not dropped. Ball is live until it hits floor, ceiling, backboard/net, or walls. If ball is caught, thrower is out and player who has been out the longest on catching team returns.	Room K, 5th floor of PWG	8:00, 9:00, and 10:00 Tuesday and Thursday				10 min: 1 game. 20 min: 2 games. 30 min: forfeit	Playoffs: Top 2 teams from each division qualify	Best out of 5 games.		2 minute period with all remaining players and no attacking line. Only players who start overtime are allowed to come back in if a player catches a ball.	One per game. Balls thrown before timeout are live