

Sport	Season	Gender	Min Number	Max Number	IM special rules	Location	Usual Times	Team Equipment	Individual Equipment	Transportation	Late Rules	Championship	Length of Contest	Eligibility Info	Overtime	Timeouts
Mens Football	Fall	Mens	5	6	Razzle-dazzle one-hand touch football rules. Multiple forward passes are allowed. Each team has 5 downs to go for a touchdown. No first downs.	IM Fields	3:50 and 5:00 Monday through Thursday	football	cleats	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 min: 7 points and 15 plays, 30 min: forfeit	Season standings	2 30 play halves	September 25th: varsity football	Each team gets an equal number of series from half field	2 30 second per half
Coed Football	Fall	Coed	5 - 2 men, 3 women or 2 women, 3 men	6 - 3 men, 3 women	Razzle-dazzle one-hand touch football rules. Multiple forward passes are allowed. Each team has 5 downs to go for a touchdown. No first downs.	IM Fields	3:50 and 5:00 Monday through Thursday	football	cleats	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 min: 7 points and 15 minutes, 30 min: forfeit	Season standings	2 30 play halves	September 25th: varsity football	Each team gets an equal number of series from half field	2 30 second per half
Mens Soccer	Fall	Mens	8	11	Pass-back to goalkeeper allowed.	IM Fields	3:50 and 5:00 Monday through Thursday	soccer ball	cleats, shin guards (optional)	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 minutes: 1 goal, 15 minutes, and possession of ball with free kick at half field, 30 minutes: forfeit	Season standings	2 30 minute halves	September 25th: varsity soccer	2 5 minute sudden death periods	None
Womens Soccer	Fall	Womens	7	11	Two colleges play together. To get full points, you have to have 4 players. Pass-back to goalkeeper allowed.	IM Fields	3:50 and 5:00 Monday through Thursday	soccer ball	cleats, shin guards (optional)	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 minutes: 1 goal, 15 minutes, and possession of ball with free kick at half field, 30 minutes: forfeit	season standings	2 30 minute halves	September 25th: varsity soccer	2 5 minute sudden death periods	None
Mens Cross Country	Fall	Mens	4	n/a - top 4 runners score points, 2 beyond that push other teams' scores back		IM Fields (check in by the army)	2 meets. Top 3 teams from each divisional meets qualify for the championship meet			Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.		Lowest scoring team in the championship meet	3 mile race	September 25th: varsity cross country and varsity track-running events. Runners must race in the first race to race in the championship.		
Womens Cross Country	Fall	Womens	4	n/a - top 4 runners score points, 2 beyond that push other teams' scores back		IM Fields (check in by the army)	2 meets. Top 3 teams from each divisional meets qualify for the championship meet			Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.		Lowest scoring team in the championship meet	1.5 mile race	September 25th: varsity cross country and varsity track-running events. Runners must race in the first race to race in the championship.		
Tennis	Fall	Coed	4-need at least 2 of each gender	10-5 boys and 5 girls	Matches are 10 game pro sets with no add scoring	Outdoor tennis courts	4:00 matches on Monday through Thursday	home team provides tennis balls for all matches	non-marking shoes, tennis racquet (often colleges provide these for teams)	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 min: 2 games, 30 min: forfeit. If waiting on higher ranked players, no match in that category may start, 15 min: players present must move up ladder and lower games are forfeited	Playoffs: top 2 teams from each division qualify	7 matches: 2 boys and 2 girls singles, and 1 boys, 1 girls, and 1 mixed double	September 25th: varsity tennis	At 9-9 a 7-point-win-by-2 tiebreaker is played	
Table Tennis	Fall	Coed	4-need at least 1 girl and 1 boy	10-5 girls and 5 boys	Matches are rally scoring, win by 2, to 21.	Room K on the 5th floor of PWG	7:00, 8:00, or 9:00 on Monday through Thursday nights	ping-pong balls, paddles		Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 min: 1 game & serve, 30 min: If enough for 5 matches: play starts in those matches. If not enough for 5 matches: 15 min: players move up ladder to higher positions and lower matches are forfeited.	Season standings		September 30th: club team		
Volleyball	Fall	Coed	4 - 2 men, 2 women	6 - 3 men, 3 women	Traditional scoring (must serve to score point). You can set serves and serves can touch the net.	IM Fields (next to soccer fields)	3:50 and 5:00 Monday through Thursday	volleyball	sunglasses, hat	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 min: 1 game and serve, 30 min: forfeit	Playoffs: top 2 teams from each division qualify	Best 2 out of 3 with the first two games traditional scoring to 15, third game rally scoring to 15, all games win by 2	September 25th: women's varsity and men's club		2 15 second per game
Golf	Fall	Coed	4 - 3 men, 1 women	8 - 6 men, 2 women	Scramble scoring. Each team must play at least two drives from each player	Yale Golf Course	1 Day in fall		you can rent golf clubs and buy inexpensive golf balls at the golf clubhouse. Often, Residential Heads of Colleges will cover this cost	Bus from PWG on day of meet		Lowest scoring team	9 holes	September 4th: varsity team		
Mens Basketball	Winter	Mens	4	5	There are three levels, A, B, and C. Players can test out which level is right for them at the beginning of the season, but must have chosen a level by January	Lanman Center	7, 8 & 9 Monday through Thursday	basketball			10 min: 9 points & 10 minutes, 20 min: 18 points & 1 half, 25 min: forfeit	Playoffs: top 8 teams qualify	2 20 minute halves, running time until last 2 minutes	November 30- varsity team	3 minute, running time until last minute	2 30 sec per half, 1 OT
Womens Basketball	Winter	Womens	4, m can have 3 in the 2nd half	5		Lanman Center	7, 8 & 9 Monday through Thursday	basketball			10 min: 9 points & 10 minutes, 20 min: 18 points & 1 half, 25 min: forfeit	Playoffs: top 8 teams qualify	2 20 minute halves, running time until last 2 minutes	November 30- varsity team	3 minute, running time until last minute	2 30 sec per half, 1 OT
Mens Volleyball	Winter	Mens	5	6	Traditional scoring. 3rd set has rally scoring	Lanman Center	7, 8 & 9 Monday through Thursday	volleyball			10 min: 1 game, 20 min: forfeit	Playoffs: top 8 teams qualify	Best 2 out of 3 sets to 15.	November 30th- club team		2 20 sec per game
Womens Volleyball	Winter	Womens	5	6	Traditional scoring. 3rd set has rally scoring	Lanman Center	7, 8 & 9 Monday through Thursday	volleyball			10 min: 1 game, 20 min: forfeit	Playoffs: top 8 teams qualify	Best 2 out of 3 sets to 15.	October 1st- varsity team		2 20 sec per game
Inner tube Water polo	Winter	Coed	5 - 3 men, 2 women or 2 men, 3 women	6 - 3 men, 3 women	Two (TIME LENGTH) halves. You can only touch the ball with one hand at a time. You can flip other players out of their tubes when one of you has the ball. You cannot play when you are out of your tube.	PWG 3rd Floor Pool	8:30 & 9:30 Monday through Thursday nights		swimsuit		10 min: 1 goal, 10 minutes, 20 min: 20 minutes, 2 goals, 30 min: forfeit	Season standing	2 15 minute halves, running clock until last 2 minutes of a half	September 30th, Club Team	5 minutes	2 in game, 1 in OT
Swimming	Winter	Coed	None. However, can fill all slots with 4 boys and 4 girls	Unlimited: each person may race in a max of 4 events.	Each team can enter 2 swimmers per race and 1 relay team. Events: 200MMR, 100 Free, 100 IM, 50 Back, 50 Free, 50 Breast, 50 Fly, 200 MFR	PWG 3rd Floor Pool	2 meets. Top 3 teams from each divisional meets qualify for the championship meet		swimsuit, swim cap, goggles			Highest scoring team at the championship meet		December 20th: Varsity swimming and diving		
Mens Squash	Winter	Mens	3	5	Best 3 games out of 5. Games are to 11 and are rally scoring	Brady Squash Center, 4th floor PWG	7:30, 8:15, and 9 Monday through Thursday	Squash balls	non-marking shoes are REQUIRED. You will not be permitted to play without them. Some pairs available at courts.		10 min: 1 set, 20 min: 2 sets, 30 min: forfeit. Other games may be played even if there is not a full team.	Season standings	5 matches	November 30th. varsity Men's Squash		
Womens Squash	Winter	Womens	2	3	Best 2 games out of 3. Games are to 11 and are rally scoring	Brady Squash Center, 4th floor PWG	7:30, 8:15, and 9 Monday through Thursday	Squash balls	non-marking shoes are REQUIRED. You will not be permitted to play without them. Some pairs available at courts.		10 min: 1 set, 20 min: 2 sets, 30 min: forfeit. Other games may be played even if there is not a full team.	Season standings	3 Matches	November 30th. varsity Women's Squash		

Bowling	Winter	Coed	3	4 (with at least 1 woman for scoring team) + unlimited (for non-scoring team)	Each college gets two lanes, one for Tying points and one for fun. 2 points per game won and 1 point if total fall over all 3 games exceeds other teams	Bowling Lanes	3:15pm			The bus to the bowling alley leaves at 3:15pm from outside of PWG. It will return around 6:00pm	After 1st frame: blind score of 100 for boys and 75 for girls is added to total	Season standings	Each bowler bowls 3 games against 3 opponents per week.			
Broom Ball	Winter	Open	6	6	No high brooms. No checking.	Ingalls Rink			Helmet, shin guards and mouth guard (provided by IM department), elbow pads, gloves and sneakers		10 min: 2 goals & 1 period, 20 min: 4 goals & 2 periods, 30: min forfeit	Playoffs: top 8 teams qualify	2- 15 minute periods, running time. Normal time for last 2 minutes of each period	After Thanksgiving break. varsity Men's and Women's.	None	
Coed Soccer	Spring	Coed	8, 2 boys/girls	11, max 6 boys/girls	Goalie may pick up ball kicked by team	IM Fields	3:50 & 5 Monday through Friday afternoons	Soccer ball	Cleats, shin guards	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	15 min: 1 goal, 15 minutes, 30 min: forfeit	Playoffs: top 2 teams from each division qualify	2 30 minute halves	March 25th, varsity	2 5 minute "golden goal" overtime periods	
Coed Ultimate Frisbee	Spring	Coed	4-need at least 1 girl and 1 boy	7, with at least 2 girls and 2 boys		IM Fields	3:50 & 5 Monday through Friday afternoons			Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	10 min: 1 point and 10 minutes, 20 min: 2 points and 1 half, 30 min: forfeit (4 point win)	Playoffs: top 2 teams from each division qualify	2 25 minute halves	March 1st, Cub Team	In playoffs: 2 5 minutes periods, followed by 5 minute sudden death periods	1 per half, 1 in OT
Coed Softball	Spring	Coed	8-need at least 3 girls and 3 boys	10 with unlimited batting order	No bunts, steals, or leading. Count starts at 1-1. For unlimited batting order: every player must play one inning in the field. Maximum of 6 of either gender in the field at once. No more than 2 boys batting consecutively. Slow-pitch	IM Fields	3:50 & 5 Monday through Friday afternoons	bats	glove	Take the IM bus from in front of PWG out to the IM fields. Buses leave every 15 minutes. Take the bus that leaves 15-30 minutes before your game time.	10 min: 3 runs and 1 Inning, 20 min: 6 runs and 2 Innings, 30 min: forfeit	Playoffs: top 2 teams from each division qualify	7 innings (non start after 6)	March 1st, varsity baseball or softball	Extra innings played until tie is broken or 6pm is reached	
Spikeball	Spring	Coed	2- need at least 1 of each gender	2	When sunlight is a factor, teams should switch sides halfway through the match. Playing barefoot is not permitted. Closed-toed shoes must be worn while playing.	On and off campus locations	3:50 & 5 Monday through Friday afternoons				15 min: 1 game, 30 min: forfeit	Playoffs: top 2 teams from each division qualify	Best 2 out of 3 sets to 21. Must win by 2 points.		TBA	
Golf	Spring	Coed	4-need at least 1 girl to advance to championship round	6	Shotgun format. Lowest 4 scores count, 1 girls score must be counted in total. Max score of 69 for boy, 74 for girl. Blind scores of 69 for a boy and 74 for a girl.	Golf course	2 days in springs		Golf clubs, tees, and balls. Can be rented/bought at clubhouse	Bus from PWG		Playoffs: top 3 teams from each division qualify	9 holes	March 1, varsity	5th golfer's score, then 6th golfer's score, then a playoff	
Badminton	Spring	Coed	4-need at least 1 boy or 1 girl	8-need 4 boys and 4 girls		Lanman Center	7, 8, & 9 Monday through Thursday	Rackets, birdies			10 minutes with an open court: forfeit of that game	Playoffs: top 2 teams from each division qualify	5 matches: men's/women's singles, men's/women's/mixed doubles. Each match best 2 out of 3 games			
Dodgeball	Spring	Coed	4-need at least 2 boys and 2 girls	8	If a team holds all 8 balls they must return 1 within 5 seconds. Games are won by eliminating all players or having the most players by the end of 7 minutes. Throwing line is eliminated after 5 minutes.	Room K, 5th floor of PWG	7, 8, & 9 Monday through Thursday				10 min: 1 game. 20 min: 2 games. 30 min: forfeit	Playoffs: top 2 teams from each division qualify	Best out of 5 games.		If teams are tied after 7 minutes, the remaining players play an overtime round within the boundaries of the badminton court.	1 per game. Balls thrown before timeout are live
Indoor Soccer	Winter	Coed	4- need at least 1 woman	5-need at least 2 women	No head shots. Ball can be used to block as long as blocking ball is not dropped. Ball is live until it hits floor, ceiling, backboard/net, or walls. If ball is caught, thrower is out and player who has been out the longest on catching team returns.	Golf course			Non-marking shoes are REQUIRED. You will not be permitted to play without them.		10 min: 1 goal, 20 min: forfeit	Playoffs: 10 team playoff, top team in each division gets a bye, last place team from each division eliminated from playoff contention	2- 20 minute halves, running clock until the final 2 minutes of the second half.	March 25th, varsity	No overtime in regular season. Playoffs: One 5 minute golden goal followed by shoot outs, if no winner is declared in the golden goal.	None